**Working for Health**

**About us**

Working for Health CIC is a specialist, end to end provider of employment support to people with mental health conditions. It provides support for the job seeker to find work and supports people in work to keep their job.

We aim to increase an individual’s hope and aspiration for work, to increase the number of people in work, and reduce stigma and discrimination

**Our philosophy**

Working for Health believes that:

* everyone can work, if the work is right for them
* everyone has skills and talents
* everyone has the right to a second chance
* hope will be the change agent

Working for Health is committed to ethical principles and practice, not only towards the customers we serve but also to our partner agencies, commissioners, employees, volunteers and our environment.

As a Community Interest Company all of our profits are reengineered into our community of interest: in our case this is the group of people whose working life is effected by mental ill health.

**The Work Place**

A venue which brings under one roof all the things to enhance work opportunities and support mental health recovery. We:

* understand each person’s strengths, aspirations and barriers to work
* action plan to effect change
* provide one to one support to find or keep work
* deliver group activities, workshops and training
* provide social, soft skills and wellbeing activities

**Volunteer job Title** Peer Volunteer

**Reports to (post title):** Work Recovery Coach

**Payments:** All authorised out of pocket expenses will be reimbursed

**Role Purpose:**

The role of Peer Volunteer has been developed specifically for people who have lived experience of mental distress. Through sharing their own experiences, peer support workers will inspire hope and belief that recovery is possible in others.

As an integral and highly valued member of the team, the Peer will contribute to the development and delivery of our service in order for participants to regain control over their lives and their own unique recovery process.

In the Work Place, you will ensure that all members are welcomed and supported. You will support job search activities, workshops, and provide information to promote choice, self-determination and opportunities. You will ensure that the environment is clean at all times and restock consumables as necessary.

The Peer may also act as a mental health promotion champion and ambassador of recovery with external agencies, partner organisations and employers.

**Key Accountabilities:**

* To establish supportive and respectful relationships with people using our services.
* To maintain a professional relationship with the participants, staff and other volunteers, and maintain confidentiality and boundaries.
* To model personal responsibility, self-awareness, self-belief, self-advocacy & hopefulness.
* To share ideas about ways of achieving recovery & employment goals drawing on personal experiences and a range of coping, self-help & self-management techniques.
* To sign-post to various resources, opportunities and activities to promote choice and informed decision making.
* Co-facilitation of group work, workshops and training.
* To contribute to service development and identify areas for improvement.
* Keep accurate and complete records to support the administrative systems that record progress, outputs and outcomes.
* To engage in supervision, training and personal development activities consistent with the requirements of the post.
* To work within the policy and governance framework of the organisation.

|  |  |  |
| --- | --- | --- |
| **PERSON SPECIFICATION** | **Essential**  | **Desirable** |
| To have lived experience of mental health problems |  ✓ |  |
| To have experience of recovering a meaningful life |  ✓ |  |
| Level 2 English and Maths or demonstrable skills  |  |  |
| Excellent written, verbal and non-verbal communication skills. |  |  |
| To be computer literate in Microsoft office |  ✓ |  |
| Able to support with job search, applications and CVs |  |  ✓ |
| Ability to work in an empowering, enabling & creative way |  |  |
| Experience of being in a supportive and enabling role |  |  |
| Ability to support people with a range of needs to meet their vocational goals |  |  |
| To communicate effectively with a range of people: members, carers, professionals and external agencies |  |  |
| Understanding of the impact of mental health conditions on employment |  |  ✓ |
| Good team-working skills |  ✓ |  |
| A minimum commitment of half a day per week |  |   ✓ |

**Applications**

To apply for this post please send a CV and a cover letter outlining how you meet the person specification and why you would like to volunteer with us.

Applications can be sent by email to diane@workingforhealth.co.uk

Or by post to:

Diane Heaven

Working for Health CIC

The Station

Station Road

Cottingham

HU16 4LL

For more information on the role, please contact Diane on 01482 242808