



## Working for Health

### About us

Working for Health CIC is a specialist, end to end provider of employment support to people with mental health conditions. It provides support for the job seeker to find work and supports people in work to keep their job.

We aim to increase an individual's hope and aspiration for work, to increase the number of people in work, and reduce stigma and discrimination

### Our philosophy

Working for Health believes that:

- everyone can work, if the work is right for them
- everyone has skills and talents
- everyone has the right to a second chance
- hope will be the change agent

Working for Health is committed to ethical principles and practice, not only towards the customers we serve but also to our partner agencies, commissioners, employees, volunteers and our environment.

As a Community Interest Company all of our profits are reengineered into our community of interest: in our case this is the group of people whose working life is affected by mental ill health.





**Volunteer Role:** Mentor

**Payments:** All authorised out of pocket expenses will be reimbursed

### **Role Purpose:**

Each person accessing Working for Health services has a key worker. This person will identify the employment and wellbeing goals, assess barriers to achieving the goals and identify an action plan to help the person reach their objective. However, sometimes the member needs additional support, and this is where the mentor can help.

The mentor will ensure that member is able to deliver on the goals that they have set themselves and sustain engagement. This can be with supporting with practical issues such as travel or with supporting the development of confidence and sustaining motivation.

### **Tasks:**

Roles will be varied but may include:

- Understanding the outcomes that the individual wants and maintaining a focus on achieving them
- Acting as a regular contact point in between keyworker appointments. This could be in person or by phone. (Frequency will vary depending on the wishes of the individual but most likely weekly).
- Supporting motivation to encourage attendance at appointments, workshops and activity.
- Identifying when the goals that have been set are achieved or if they need adjusting.
- Acting as travel buddy for people attending workshops at Working for Health, interviews, or external training.
- Complete accurate records of the meeting in line with funder requirements

### **Key Accountabilities:**

- To maintain a professional relationship with the participants, staff and other volunteers, and maintain confidentiality and boundaries.
- To engage in mandatory training to keep everyone safe and supported.



- To contribute to service development and identify areas for improvement.
- To work within the policy and governance framework of the organisation and outlined in the volunteer handbook

## **How we work**

### **Confidentiality**

In the performance of the duties, the volunteer may have access to confidential information relating to service users, staff and volunteers, and the organisation. All such information is to be regarded as strictly confidential and may only be divulged to authorised persons in accordance with the policies and procedures relating to confidentiality and the protection of personal and sensitive data.

### **Health and Safety**

The volunteer will assist in promoting and maintaining their own and others' health, safety and security as defined in the Health & Safety Policy.

### **Safeguarding**

Working for Health is committed to safeguarding and promoting the welfare of children, young people and Adults at Risk and we expect all staff and volunteers to share this commitment. The suitability of all volunteers will be assessed during the recruitment process and the successful applicant will be required to undertake annual Safeguarding training and an enhanced criminal record check.

### **Equality and Diversity**

The volunteer will support the equality, diversity and individual rights: acting in a way that recognizes the importance of people's rights; respecting people's privacy, dignity, needs and beliefs; and behaving in a manner which is welcoming, non-judgemental and respectful of circumstances, feelings, priorities and rights.

PERSON SPECIFICATION	Essential	Desirable
Excellent verbal and non-verbal communication skills.	✓	
Ability to work in an empowering, enabling & creative way	✓	
An ability to work independently, reliably and consistently	✓	
Experience of being in a supportive and enabling role		✓
Good team-working skills		✓
To have lived experience of mental health problems		✓
An ability to see solutions rather than problems	✓	
A minimum commitment of half a day per week		



## **Applications**

To apply for this post please use our application form:

<https://forms.gle/Uc2sVEB4QxC9vhNK7>

If you wish to discuss this role in more detail or volunteering in general, please email [hello@workingforhealth.co.uk](mailto:hello@workingforhealth.co.uk) or give us a call on 01482 242808